**STATEMENT OF PURPOSE**

**LEEDS BECKETT UNIVERSITY**

**MSC PUBLIC HEALTH AND HEALTH PROMOTION**

To Commence with my introduction, I am glad to have this opportunity to introduce myself. My name is Rashmi. I belong to Punjab, India. Through this statement I would like to express my interest in the course MSC of Public Health and Health Promotion. As far as my education is concerned, I completed my 10th from CBSE board with 6.6 CGPA in 2011 then I have completed senior secondary education from CBSE and I secured 58.8% in 2014. After that I Studied Bachelor of Physiotherapy from Baba Farid university of health sciences in 2018 and I scored 63.2% after that I did MSC Of Physiotherapy (Sports) and I secured 7.71CGPA in 2021 From Chitkara University Simultaneously I did internship for six months and I completed that on 13 November 2019 .As I did MSC of Physiotherapy in sports I would like to explore my knowledge in Public health sector ,at the time of pandemic I realized that I can contribute towards curing people’s health therefore I decided to pursue MSC of Public health and Health Promotion I believe that education is the only tool through I can explore my knowledge in the area of public health sector and I have developed my interest in this particular field I believe my earlier studies had made my base in the field of healthcare that would be a great help in my further studies.

I will get international exposure which would become a huge benefit factor when I think of my career in a long-term perspective. After discussion with my family regarding my further studies in abroad, they supported my decision and I Finalized to study abroad .As an International degree recognized worldwide, I finalized to go abroad. Since then I started exploring about the course, that which course will be suitable for me, keeping in mind my previous studies and my future plan. Then I decided to go for MSc Public Health and Health Promotion from Leeds Beckett University, the UK. I scrutinized a lot and I chose this program after knowing the benefits to doing this. It was very clear in my terms that I want to explore higher study options in this sector only.

Quality of education is an important thing for me when I think about my career. During my studies, I realized that Indian education system has old and traditional style of teaching. No attempt has been made as such to modernize the system where technology plays more roles, instead of providing practical knowledge; students are just end cramming what they are told by teachers which serves no purpose at the end. I have decided to upgrade myself with a further MSC degree and make myself ready for the new challenges in the industry. I want practical and professional knowledge. This is the reasons for me to choose the UK and I am satisfies with my decision. When I finally confirmed this decision to study abroad and my family also encouraged my vision; I started seeking options abroad. As Overseas education is a big decision, and I undertook considerable research before taking such a giant step as studying abroad will promote my personal, professional and academic growth.

**REASONS TO CHOOSE UK OVER OTHER COUNTRIES**

As per my research the UK is known for its educational excellence and unique enriching cultural experience. The cost of studying at this country was really affordable and the UK institutions always rank among the best in the world and qualifications are valued internationally. Also, the education system is so flexible at this country. Teachers are there to guide professionally in the classrooms and hence the gap between academics and professional life does not widen. The mix of cultures and the opportunity to meet people from the variety of the backgrounds is really an opportunity. Moreover, if I go back to the history English language and even the India’s education plan was designed by the English.

**REASONS TO CHOOSE LEEDS BECKETT UNIVERSITY**

I choose Leeds Beckett University for my higher Study. It provides affordable quality education, suitable weather and offers number of courses. It has a reputation for high quality education closely linked to Employment. It aims to inspire the students to become innovative professionals. The university offers support services. The university is developing a rich and diverse community. The learning environment at University is modern and supportive. This university is known for its excellent teaching framework. It offers flexible education. The graduates of this course are able to enter upon careers in the specialist field. This university made a relief impact on me because of the warm and friendly environment they offer and which is visible through their website also. I was quite impressed by the course structure of this university which was so systematic and placed as per my requirements. The range of the course at this university is having a broad range from international education, cultural diversity, language education, curriculum studies and leadership.

**REASONS TO CHOOSE MSC PUBLIC HEALTH AND HEALTH PROMOTION**

Here, I had to consider various parameters such as studying in urban setting, my course and its realistic environment in the location, affordability etc. In order to finalize one my strategy was to first visit the course structures, affordability of the education provider, recognition and lastly listing the opportunity which a location was to offer I chose Leeds Beckett University. This University makes their students Global ready with global opportunities, Career-ready graduates, with the skills to succeed student experience. So looked after some concerns like affordability, course structures, location and many more I finalized This University provides skills and confidence to students that need to excel in our studies and our chosen career. Studying at this University provides students with a rich and diverse academic and social experience. This Course will give me instruction in core public health skills including epidemiology, statistics and research methods, as well as having the opportunity to gain in-depth knowledge of a range of topics, including evidence-based public health and 21st Century Global Public Health Challenges Moreover ,teaching faculties in Leeds Beckett University are excellent, experienced and up-to-date. University is excellent in all the area of education. I also like the course content of this university. Some of the modules covered under the course are:

Foundations of Public Health & Health Promotion

Health Communication

People Power & Communities

Policies for Health in the 21st Century

Professional Practice

Research Methods for Health & Wellbeing

Health Promotion Enquiry

Research & Practice Development

It will advance my public health and Health Promotion knowledge, skills and approach to teamwork, multi-agency collaboration and community partnerships throughout the modules on this course and it critically evaluate strategies to improve public health outcomes. These skills are increasingly relevant for the public health workforce who may be located within a variety of settings including multilateral and international NGOs, local health authorities, National Public Health authorities, the voluntary or the private sector. Along with the knowledge gained through the programme, are used to inform real-world scenario discussions and enhance my problem-solving abilities.

**CAREER OUTCOMES**

Through this program I will learn; Case Management within Family Health, Clinical Teaching, Delivering Compassionate Care, Quality Improvement in Healthcare, master's degree will make me capable of having a good package of salary in India and abroad. Regarding the education sector, I will also have the options to climb up to a higher positions as Public Health Educator , Epidemiologist , Public Health Consultant, Public Health Administrato , Clinical Research Coordinator .I aspire to work in India to develop a thorough comprehension of the system and acquire enough knowledge which would be helpful to me in serving the citizens of India and the world with reputed organizations in India like; [PGIMER - Postgraduate Institute of Medical Education and Research](http://pgimer.edu.in/PGIMER_PORTAL/PGIMERPORTAL/home.jsp), [Breach Candy Hospital](https://www.breachcandyhospital.org/), [Indraprastha Apollo Hospital](https://delhi.apollohospitals.com/), [P. D. Hinduja National Hospital & Medical Research Centre](https://www.hindujahospital.com/), [The Christian Medical College](https://clin.cmcvellore.ac.in/), [Medanta The Medicity](https://www.medanta.org/gurugram/), AIIMS, Fortis, Apollo, Tata Memorial Hospital, [Manipal Hospitals](http://www.manipalhospitals.com/)

This program will help me to further develop my skills, build specialist knowledge within chosen area and accelerate my career. I am sure about my career goal and I straight way walked towards the direction of my dreams. Getting paid for what you do and love is the most satisfactory thing in one’s life and I am lucky enough for making a right choice while doing my studies.

I will also have the option to get the initial exposure in NGO like Help page, Cry etc which are active in Health area and then I can move upright to claim a good opportunity in big hospitals. I am an optimistic personality, I will get to learn a lot about their healthcare system which is much more advanced than our system and I will be able to use this knowledge when I return to India.

Thank you